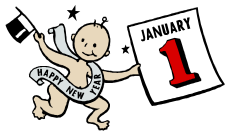




Laguna Niguel Racquet Club The Tennis Club at Monarch Beach

(949) 496-4665 (949) 493-3190

www.spearmanclubs.com



2008

UPCOMING EVENTS

5 th Annual Jr. Satellite Tournament	Jan. 5, 6, 12, 13
Two Club Adult/Child Tournament	Jan. 26
Valentine Wine Tasting	Feb. 14
Date Night	Feb. 15
1 st Session Singles League Begins	Feb. 25

DECEMBER HAPPENINGS

CLUB HOLIDAY COCKTAIL PARTY – SAT., DEC. 8

WOW! LNRC/TCMB knows how to party. Our annual Christmas get-together was smashing. Food, music, fun and fellowship, you can't beat that! Hope you were here, if not ... what can we say!!!! Pictures of this event can be found on our website!



VISIT WITH SANTA SAT., DEC. 9

Santa came to LNRC with bells on Sunday, December 9. Our club member kiddies and friends enjoyed no waiting in lines, yummy refreshments, crafting ornaments, and taking pictures while conversing with Santa. If you weren't here, shame on you! Be sure to check-out the pictures on our website.



ACTIVITIES & EVENTS

5TH ANNUAL SCTA JR. SATELLITE TOURNAMENT - JAN. 5, 6, 12, 13

Calling all juniors to stop by the club and pick up an entry to our 5th Annual SCTA Jr. Satellite Tournament. Enjoy competing with players all over California. This is a great place to hone your skills and enjoy some great competition! See you all there

TWO CLUB ADULT/CHILD TOURNAMENT - SAT., JAN. 26 - Club juniors are invited to pair up with an adult of choice and play in our Two Club Adult/Child Tourney, Saturday, January 26. Social round robin tennis 11:30am - 2 pm, followed by a Pizza Party. Cost \$10 per person. Sign-up at the front desk or with Anne.

BEGINNER'S OPEN COURTS LEVELS 2.5-3.5 - Our 2.5-3.5 Players are having a ball at our beginner's Open Courts. If you are new to tennis, you are invited to join other tennis beginners Saturdays and Sundays at 10 am. Sign-up in the Activities Book at the Front Desk and indicate the day /date you would like to attend.

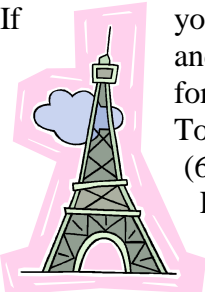
MAMMOTH SKI TRIP - FEBRUARY 29-MARCH 2



Our Mammoth Ski Trip slated for Feb. 29-March 2 has filled up fast. Trip includes: Luxury party bus ride, accommodations for two nights, continental breakfast daily, cocktail party at the Spearman's and loads of skiing and fun with fellow members. If you are still interested in going, contact Anne and she will see what she can do. At least, get your name on a waiting list! This is going to be one of those "you'll be sorry if you didn't go" events.

FRENCH OPEN - MAY 25TH - MAY 31ST 2008

If you are looking for an opportunity to practice your French, and enjoy some great tennis in the process, we've got the deal for you. This fabulous tour put on by Advantage Tennis Tours' owner and club member Cindy Stephan includes: six (6) nights at the Cayre Hotel, full buffet breakfast daily, Seine River Cruise, Metro pass, 2 days lower level Centre Court seats, opportunity to play tennis at a private club and services of tour hostess. Price \$3155 per person, double occupancy, airfare not included. For more information talk to Anne.



PILATES BY JENNIFER TOTI – Start your new year with a new



rear!!! Check out our Pilates Studio. Come in for a complimentary reformer session with Jennifer! Privates and Semi/Privates, affordable for everyone! By appointment only – 949-606-6045.

Happy New Year to everyone at Spearman Clubs....I'm sure the holidays were hectic, but it was worth every minute of it. Now it is time to slow down and think about the new year and what it will be for you. If you told yourself that it is time to work on your tennis game, good for you. Did you also tell yourself that you are going to get into good physical shape in order to play better tennis? Then good for you. Whatever you decide for you and your family, make it a priority and get it done. We have another full year of activities to offer this year. With our new Activities Director onboard, this year is sure to bring excitement and more 'wow' to our events than ever. Please make one of your tennis goals for this year to play a tournament - either a Club Championship, a Member Guest or the brand new NTRP Sanction 3.5 to Open that we are having this year for the first time. I know resolutions are hard to keep and trust me, it is hard. So make some time for yourself this year and take a lesson or take a personal training session, but like the old saying goes.....Just do it!!! Let me know how I can be of a bigger help to you all.....Happy New Year.



Happy New Year! It's the start of a brand new year, and with that, some brand new resolutions (or maybe the same ones from last year!) Either way, I'm sure what's on most of our lists this year is to get in shape, workout more and play more tennis. Well, this is the place to be! We have some great activities and events lined up this month. Need help to find the best ones for you? Talk to Anne or Sarah and they can get you on your way to accomplishing those resolutions. Make sure you check-out some of our social events too. It's a great way to meet our awesome members! Have a great month and see you out on the courts!



Want to be in the know about LNRC/TCMB/RCI events? Hop on board and email

anneb@spearmanclubs.com or call her at 496-2070 X 110 and let her get your email address into our eclub system! You'll be so glad you did!

FYI...

Fitness Professional **Cheree Nelson** has joined the fitness staff at LNRC. Equipped with 15 years experience and credentials from IFPA:PT and APEX: PT -Personal Trainer Certifications; and IFPA:SNC Sports Nutrition Certification; Cheree offers men, women and children nutritional counseling and training that fits lifestyles and reaches fitness goals. If you are looking to get fit or to improve your fitness contact Cheree @ (949)842-8900 to make an appointment.

Hats Off to Juniors **Adam Dugger** who won the Boy's 10s and **Gressa Sempre** who was a finalist in the Girl's 12s at the Chapman University Junior Satellite Tournament last month.

ONE MAN'S OPINION CES@SPEARMANCLUBS.COM

As we start the year, there are a few things we should review in order to increase the value of membership at LNRC. I want to list a few things that members complain to me about, and maybe we can solve these problems without any further action on the part of the club management.

I hear from members about the abuse of GUEST PRIVALEGES---more than any other problem. If you bring in the same guest more than 6 times, we will have to STOP YOU, as members call, write and e-mail me to complain on this subject more than any other issue at the club. Your fellow members are almost always aware when our guest policy is being abused, so PLEASE follow this rule and do not think you can slip someone in, as most of our staff knows who are paying, eligible guests and who are not.

When working-out in the gym, please do not open the windows or doors when the air is on. We have had to buy two new air conditioning units, costing \$5,000 each, because the open windows and doors had caused the units to freeze-up. Most of you cooperate with this simple rule, but a few people have cost us these two units --the last one by going into our office and changing the settings, thus freezing the unit. We have put a lock on the door because of this. Your cooperation will be appreciated as we start the New Year.

In the overall consideration of things, we have very few problems compared to some clubs---but if all of you will cooperate with a few rules, we can work on the important things that will make your club "the club of choice in South Orange County".