



Messenger

23500 Clubhouse Drive, Laguna Niguel, CA 92677 ~ 33080 Niguel Road, Monarch Beach, CA 92629

Upcoming Events

April 17	Friday Night Mixed Doubles – Spring Fling
April 25-26	Mixed Doubles Team Calcutta
May 7	Wine Tasting @ LNRC
May 14	PacSun Captain's Salad Luncheon
May 15	Date Night
May 16,17	Club Doubles Championships
May 22	New Member Happy Hour
May 23-25, 30-31	Adoption Guild Tournament
May 29	Friday Night Mixed Doubles

SINGLES MATCH PLAY

Don't forget to remember **Ronnie Nemchock's** Singles Match Play days every Monday evening (6:30pm), Wednesday evening (6pm) and Thursday afternoon 1-2:30 pm @ LNRC. All levels of play are welcome. Sign-up in Ronnie's special book at the front desk or contact him via email Ronnie@spearmanclubs.com.

NOTE: Ronnie is on vacation March 26-April 5th, he returns on Monday April 6th. There will be no matchmaking available until he returns to work.

MARCH RECAP

ADULT/CHILD TOURNAMENT MARCH 7 - Kudos to the Winners of our Adult/Child Tourney: **Tim/Ayla Fresenius; Mark/Sydney Dardis; Morgan/Timon Amirani; Michelle/Caylin Duenas; Christi/Saylor Petzoldt.**

CLUB MIXED DOUBLES CHAMPIONSHIPS MARCH 28, 29 - Hats off to our new Club Mixed Doubles Champions:
 Open Winners **Warren Hardie/Joanna Smith**, Finalists **Dana Bozeman/Kate Romm**; 5.0 Winners **Eric/Kim Andersen**, Finalists **Grant Karcher/Alisa Gentry**; 4.5 Winners **Angel/Lisa Varela**, Finalists **Josh Johnson/Dorthe Smith**; 4.0 Winners **Doug Todd/Sarah Lee**, Finalists **Scott Clark/Kelly Altazurra**; 3.5 Winners **Scoter/Kristy Dodd**, Finalists **Mark Deric/Christine Newell-Smith**; 3.0 Winners **Lynn/Teresa Shourds**, Finalists **David/Julie Bacino.**

Activities & Events

FRIDAY NIGHT MIXED DOUBLES SPRING FLING APRIL 17 - We will be kicking off our first Friday Night Mixed Doubles April 17 with a Spring Fling. We will play round robin tennis 6:30-8:15pm followed by a dinner catered by our own **Kim Tilly** 8:15-9:15pm. This is a fun and popular evening, held monthly April thru October. Cost is \$18 per person and includes balls, prizes, catered dinner, beverages and dessert. Sign-up in the Activities Book at the Front Desk or with **Anne**. Don't hesitate as space is limited and fills up fast.

MIXED DOUBLES TEAM CALCUTTA APRIL 25-26 - Don't be left out of the biggest and, most popular team tennis event at the club each year. Our Mixed Doubles Team Calcutta will be held April 25/26, and is an all-day, two-day affair 9am-5pm on Saturday and 9am-2pm on Sunday. Sign-up individually in the Activities Book at the Front Desk and **Mark** will partner you up at your level and put you on a team. Each team competes for prize money, best decorated area and craziest individual get-up. Cost is \$65 per person and includes balls, prize monies for top two teams, awards and a BBQ both days. It is a weekend you don't want to miss. If you have any questions, talk to **Anne** or **Mark**.



ACE TO ERASE CHILDHOOD CANCER CHARITY TOURNAMENT MAY 3

- Member **Clarkson Dardis** and her son will be holding an Adult/Child Charity Tournament to benefit St. Jude's Children's Hospital here at LNRC on Sunday May 3rd. Cost will be \$30 per player with all proceeds going to the hospital. There will be a sign-up folder at the front desk soon with more details to follow. If you have any questions, please talk to **Anne**.

COLLEGE TENNIS REPORT

East Carolina has surged to a 12-1 record and their first ever national ranking. The Pirates have been ranked as high as #61 among all Division 1 tennis programs and extended their consecutive match win streak to eight straight. Sophomore **David Masciorini** boasts a 5-0 won lost record in singles and 2-0 in doubles at the #6 singles and #3 doubles position. ECU will continue with eleven more dual matches followed by the Conference USA Tournament, beginning April 17 in Orlando.

Redlands University men's tennis team overall record is 11-5 (4-0 in conference matches). The Bulldogs scored a big win against #16 Carnegie Mellon University on March 13 with a 5-4 verdict. Sophomore **Cam Spearman** has a 6-6 record at #1 doubles and 5-7 in singles. He began playing #2 singles and has played the #1 position for the past 3 matches. **Mark Bloom** notched a win at #3 singles against La Sierra college. Upcoming matches include: Cal Lutheran, Claremont, Whittier, and the SCIAAC championships beginning April 17 @ La Verne University.

The Orange from Syracuse have amassed a respectable 9-5 record (3-2 in Big East matches). Sophomore **Christina Tan** owns a team best 12-2 record at #1 doubles. Primarily playing #2 singles, she has an 8-6 record. The Cuse will be playing six more conference matches followed by the Big East Tournament beginning April 16 at University of South Florida.

The Charleston Southern Buccaneers' **Brooke Pletcher** has climbed her team ladder to play the #2 singles position. She has a 6-2 singles record despite the team's 1-7 record (0-1 in conference play). The Bucs have six more conference and three more non-conference matches before they head to the Big South Championships April 16-18 at Rock Hill South Carolina.



EMAIL ADDRESSES

If we don't have your email address, you'll be the last one in the know. Please contact **Anne** @ anneb@spearmanclubs.com or call her at 496-2070 X 110 and let her get your email address into the system TODAY!



One Man's Opinion

I have been writing a monthly column for our membership for 25 years. Before that, I wrote a weekly column for my health care company. Thus, I have been writing to salesmen or to members for the past 36 years. I was thinking about passing this assignment on to my sons, when several members told me that they read this column carefully every issue. I must admit there are times that I wonder if anyone reads what I write, as sometimes I do not hear from anyone for months. Now that I know that many of you DO read what I struggle to write each month, I will continue to "give it my best effort".

The purpose of these columns is to help you understand what we are trying to do at all of our clubs. I feel that we have an obligation to our dues-paying members, which is to develop a mission by which we will try to achieve our vision. We will be reviewing our vision, mission and our core values prior to the start of our fiscal year on June 1st, to determine if we need any upgrades. It is wise to occasionally review our vision and mission as –TIMES and THINGS change, and we need to be alert to changes so that we can continue to meet the needs of our members.

Our number one core value is to "keep our clubs safe, clean, and well maintained." I do not care how great our leagues and match arranging might be, because if the club is not safe, clean, and well maintained, our members will not enjoy the club and we clearly will not remain the "club of choice" in our market.

If you have any ideas or suggestions about our mission statement, please email me at ces@spearmanclubs.com.

I am proud to serve our members, and very proud of owning our clubs and I want to help every member "do what they joined our club to do."

MARK'S ALLEY

As we approach the summer months, a lot of planning goes into one's family on many levels. Where do we go on vacation and what to do with the kids, etc...The summer is a time to enjoy the riches of Laguna Niguel Racquet Club and what it has to offer. When school does get out, so do the kids...now what? I want to remind all families as I do every year that all children must be accounted for, while the parents are playing tennis and working out. Kids are great and have so much energy, but when not being watched, they tend to run a little wild! We do have options for all ages, including the 7 and above age, who are too old for our day care. Monday thru Thursday, we offer Kids Club in the upstairs lounge from 7:30 to 10:30 a.m. for ages 7 and up...This is another way to get the most out of your membership and know the young ones are being cared for. Boy's high school tennis is in full form and the local teams are loaded with talent. We have a variety of players that are representing their Varsity and JV teams in the surrounding areas...I may miss some of the players from this list, so if I do, don't take great offense as it is hard to keep up with. At Dana this year where **Justin Green** has taken over the helm for the Varsity, he has Capt. **Warren Hardie** at the top. Warren is a four-year varsity letter player that has signed to play for Penn State next year...Right behind him on the ladder is **Trevor Dell**, a top ranked junior in the 16s and as a sophomore he is really proving to be one of the top players in the OC. **Chris Bloom**, another sophomore is playing 1 doubles, filling in for his brother Mark who is playing for Redlands...**Robert Wall** has stepped up big and is on the starting lineup now for Dana. **Jon Rotenberg**, **Weston Derbonne**, **Matthew Burchill** are players for the JV program at Dana and Coach Bozeman is doing a great job with keeping them ready for league play. At Aliso, we have **Andrew Feine** playing the top spot and hitting his stride in league play singles. Also at Aliso is **Scott Carnahan** who worked very hard over the year and is making an impact there as well. At Laguna Beach, **Jake Michaels** is playing number 1 again as a sophomore and he hopes to do really well in the toughest league in SoCal...We look forward to following the results of these young men as the year progresses. Lastly, I want to thank **Rob Horsch** for all of his college player updates. Nice to see how they are doing and its insight is awesome. Looking forward to a great spring and see you on the courts.

Summer is fast approaching and the Club will be bustling with activity as the kids will be out of school and more families will be seen throughout the Club. One area of the Club that will see a lot of activity is the swimming pool. As the months get warmer, the time at the pool will increase, as we all try to keep cool by staying in the water. This means that we will be getting a lot more sun exposure, which can be harmful to the skin unless you keep your skin protected with sunscreen. Keep in mind that it takes at least twenty minutes for the sunscreen to take affect. So be sure to put on your sunscreen BEFORE you head to the Club. It doesn't stop here. Even though it may say that it is waterproof, it will wear-off after prolonged water exposure, so be sure to apply your sunscreen every hour or so. Lastly, keep hydrated. Drink water throughout the day to avoid dehydration and heat stroke.



FYI

◆We neglected to mention **Ivan Jelic's** win in the Boy's 14s Division of our Pre-Satellite

Tournament last month. Our apologies to Ivan.

◆Our condolences to **Denise Korinke** and family in the loss of her mother.

◆Kudos to **John/Jennifer Lyons** for winning a silver ball at the USTA Husband/Wife Nationals at Mission Hills Country Club, Palm Desert.

GET FIT WITH STACEY TAN

PERSONAL TRAINING FOR HALF THE COST -

Get set-up with a partner for private sessions with Stacey Tan, M.S. Exc. Physiologist. Call Now – (949) 922-2164.

BOOT CAMP – April 4th – May 15th. Tue/Thu – 5:45 a.m. to 6:45 a.m. OR Tue/Fri – 8:45 a.m. to 9:45 a.m. Cost \$260 for six weeks. Contact Stacey Tan at (949) 922-2164.

WEIGHT TRAINING CLINIC – Tue/Thu – 7 p.m. to 8 p.m. Class limited to five people. Reserve your spot quickly! Drop-ins welcome. Cost - \$20 per person. Must call by Mon. at noon to cancel. Sign up sheet at the front desk or call Stacey @ (949) 922-2164.

NEW! Veena is teaching a new "Vinni" Power II Yoga Class on Wed. at 5:00 p.m. Try it out!



Not Just Faces
MEDICAL AESTHETICS

Spring into Beauty with Botox®

Join us Friday, April 3, 2009 from 12 – 5pm and receive \$50 off your Botox® Cosmetic treatment.

Join us Friday, April 17, or Wednesday, April 22 from 10am-p.m. And receive Second syringe of Restylane or Perlane at half price, plus up to \$150 after mail in rebate. Join us for light refreshments and learn about the latest beauty trends for spring. RSVP as spots are filling up quickly 949-489-1858 - Lita Gelgur, R.N. www.notjustfaces.net

New Abs Essential Reformer Class with Jennifer
Challenge yourself by strengthening and stabilizing your core on all the pilate apparatus. Tight hamstrings, hip flexors, lower back, pectoral muscles keeping you from performing your best in tennis, golf or biking? The reformer will assist you in maximizing your flexibility on all levels. All in just 30 minutes. I dare you - you won't last 10. \$10 - by appt. only. Jennifer - 949-606-6045.